Benedicta Institute for Women

October 14-20-2024 St. Bernard Abbey Conference and Retreat Center

Time	Monday	Time	Tuesday	Wednesday	Thursday	Time Friday	Friday Day at the Shrine	Time Saturday	Saturday	Time Sunday	Sunday
3:00-5:00	Arrival, Check-in to rooms, explore grounds	8:00-8:40	Breakfast Brahma Room Dining Hall	Breakfast Brahma Room Dining Hall	Breakfast Brahma Room Dining Hall	7:45-8:15	Breakfast Brahma Room Dining Hall	8:00-8:40	Breakfast Brahma Room Dining Hall	8:00-8:40	Breakfast Brahma Room Dining Hall
5:00-5:30	Opening Mass	8:50-9:20	Morning Prayer Abbey Church	Morning Prayer Abbey Church	Morning Prayer Abbey Church	8:30-9:00	Board Bus Morning Prayer	8:50-9:20	Morning Prayer Abbey Church	8:45-9:15	Morning Prayer Abbey Church
5:30-6:00	Evening Prayer (Vespers) w/ Monks Abbey Church	Daily Theme	Seeds of Creation and Rest in God	Original Innocence and Original Sin	Unless You Become Like Children	Daily Theme	The Paradoxical Logic of the Cross	Daily Theme	The Blessed Virgin Mary and the Host-Life		
6:00-6:45	Dinner Brahma Room Dining Hall	9:45-10:30	Morning Seminar A "The Meaning of Original Unity & Vocation" Theology of the Body, 8-10 Human & Divine Being, pp. xxi-xxvi, 14-20	Morning Seminar A "The Sacrament of the Body" Theology of the Body, 19, 23 Human & Divine Being, 76, 86-93	Morning Seminar A "Self-Surrender in the Holy Spirit" Theology of the Body, 51, 56, 58, 59 Human & Divine Being, pp. 123-131	9:15-10:00	Morning Seminar A "Grace, Empathy, and the Other" Theology of the Body, 87, 93, 95b Human & Divine Being, pp. 178-182	9:45-10:30	Morning Seminar A "Suffering and the Gift of the Other" Theology of the Body, 123, 132 Human & Divine Being, pp. 220-224		
7:00-7:30	Welcome Remarks	10:30-10:45	Break	Break	Break	10:00-10:15	Break	10:30-10:45	Break	10:30-11:30	Concluding Mass
7:30-8:15	Canvas Overview Dr. Donald Wallenfang	10:45-11:30	Morning Seminar B "Spiritual Being and the Spousal Meaning of the Body" Theology of the Body, 13-16 Human & Divine Being, pp. 45-50	Morning Seminar B "Original Sin and Concupiscence" Theology of the Body, 39-41, 46, 48 Human & Divine Being, pp. 99-102, 110-116	Morning Seminar B "The Resurrection of the Body" Theology of the Body, 67-69, 73 Human & Divine Being, pp. 166-173	10:15-11:00	Morning Seminar B "The Language of the Body and the Logic of the Cross" Theology of the Body, 103-105, 115 Human & Divine Being, pp. 196-207	11:00-11:30	Mass Abbey Church		
		11:30-11:45	Break	Break	Break	11:00-11:15	Break	11:30-12:00	Group Rosary Abbey Church		

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		12:00 – 12:30	Group Rosary Abbey Church	Group Rosary Abbey Church	Group Rosary Abbey Church	11:30 – 12:00	Rosary w/Nuns (Main Church)	12:00-12:45	Lunch Brahma Room		
		12:35 -1:20	Lunch Brahma Room Dining Hall	Lunch Brahma Room Dining Hall	Lunch Brahma Room Dining Hall	12:00-12:45	Mass (Lower Church)	1:00-1:45	Afternoon Seminar A "Redemptive Childhood" and "Justice" Passion of the Infant Christ, Chapter VII-VIII		
		1:20-2:45	Personal Quiet Time	Personal Quiet Time	Personal Quiet Time	1:00-2:00	Catered Lunch (St. Raphael Dining Hall- Castle)	1:45-2:00	Break		
		2:45-3:30	Afternoon Seminar A "The Sown Field" Passion of the Infant Christ, Introduction & Chapter I	Afternoon Seminar A "Inscape of Tabor" Passion of the Infant Christ, Chapter III	Afternoon Seminar A "The Passion of the Infant Christ" Passion of the Infant Christ, Chapter V	2:15-3:15	Free Time Adoration (main church), Gift Shop (Castle), Stations of the Cross (Upper Plazza) Eucharistic Stations (Behind Castle), Lourdes Grotto	2:00-3:25	Personal Quiet Time		
		3:30-3:45	Break	Break	Break	3:30-4:15	Group Tour John Paul II Center	3:30-4:15	Afternoon Seminar B "The Christ-Child's Mother" Passion of the Infant Christ, Chapter IX		

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		3:45-4:30	Afternoon Seminar B "Rest" Passion of the Infant Christ, Chapter II	Afternoon Seminar B "The Infant" Passion of the Infant Christ, Chapter IV	Afternoon Seminar B "Becoming Like Little Children" Passion of the Infant Christ, Chapter VI	4:15-4:30	Board Bus Depart Blessed Sacrament Shrine	4:15-4:30	Break		
		4:30-4:45	Break	Break	Break	4:30-5:00	Travel back to St. Bernard	4:30-5:15	Afternoon Seminar C "The Host-Life" Passion of the Infant Christ, Chapter X		
		5:00-5:30	Mass Abbey Church	Mass Abbey Church	Mass Abbey Church	5:00-5:30	Break	5:15-5:30	Break		
		5:30-6:00	Evening Prayer (Vespers) w/ Monks Abbey Church	Evening Prayer (Vespers) w/ Monks Abbey Church	Evening Prayer (Vespers) w/ Monks Abbey Church	5:30-6:00	Evening Prayer (Vespers) w/ Monks Abbey Church	5:30-6:00	Evening Prayer (Vespers) w/ Monks Abbey Church		
		6:00 – 6:45	Dinner Brahma Room Dining Hall	Dinner Brahma Room Dining Hall	Dinner Brahma Room Dining Hall	6:00-6:45	Dinner Brahma Room Dining Hall	6:00 – 6:45	Dinner Brahma Room Dining Hall		
				Evening Social							